



What is a DTR?

A Dietetic Technician, Registered is a nationally credentialed food and nutrition practitioner. DTRs are valuable members of the food and nutrition care team. DTRs can be involved in the nutrition care process but their skills and knowledge do not limit them to just clinical or food service environments.

Who is eligible to become a DTR?

Individuals who have completed a baccalaureate degree and met the academic requirements of a program accredited by the Accreditation Council for Education in Nutrition and Dietetics are eligible to apply for the Commission on Dietetic Registration's Registration Examination for Dietetic Technicians.

Where can DTRs work?

Acute, Outpatient & Extended Health Care

Participate in nutrition programs by providing direct patient/client care under RD supervision. Conduct nutrition screening and contribute to nutrition assessment, intervention and monitoring.

Business & Communications

Participate in news & communications, consumer affairs, public relations, food & culinary nutrition and human resources. DTRs are authors of print publications and electronic media.

Community & Public Health

Under RD supervision, educate, monitor and advise special populations and public participating in federally funded nutrition programs. Promote well-being through food security, food safety, healthful eating and lifestyle behaviors.

Private Practice

DTRs in private practice are entrepreneurs and innovators providing programs and services consistent with appropriate skills, qualifications and demonstrated and documented competence.

Foodservice Systems

Supervise, manage and direct food service operations serving patients/clients, employees and visitors in retail venues and catered events in institutional settings or as contracted by foodservice management companies.

Nutrition Informatics

Retrieve, organize, store and optimize food/nutrition information, data and knowledge for use in problem solving and decision making to improve patient/client satisfaction and nutrition outcomes. Conduct nutritional analyses for regulation compliance and analyze restaurant menu nutrients.

Wellness

Provide general nutrition guidance and physical activity guidance at national weight-management companies, local retail franchises or in health clubs, fitness centers or online health-coaching services.

Research

Work as technical research staff collecting data, overseeing foodservices for clinical research centers, designing menus that meet study protocols and conducting nutritional analyses of recipes, menus and food intake records of study participants.

School Nutrition

Contribute to a healthy school environment at the local, state or national level. Work in sales & distribution supplying products/services or as a nutrition consultant.

Sports Nutrition

Work in health clubs, community wellness/fitness centers and weight management programs to discuss normal nutrition. Educate and counsel apparently healthy clients of all ages and abilities.

Sustainable, Resilient, Healthy Food & Water Systems

Promote appreciation for and understanding of food security and resiliency, food production and environmental nutrition issues. Work in community-based organizations, non-government organizations, government, foodservice systems management and farms.

Universities

DTRs with master's and doctorate degrees are faculty in Dietetic Technician Programs and other programs in community colleges, culinary programs and academic medical centers.